



.....**Become a LIFE-COACH Application Form**.....

Name(s):

Address:

Post Code:

Telephone No: (Home) (mobile)

Email:

Emergency Contact:

Telephone No: (Home) (mobile)

What days are you available: M T W T F S S

What times are you available?

Are you available during school holidays? Y N

Most roles, including becoming a coach require a minimum commitment of twelve months. Are you able to make a commitment for this long? Y N

If not, how long can you commit:

How would you like to make a difference in the community?

What are your past times / passions/ hobbies?

Please describe any training and/or qualifications that might be relevant to the role.

Why do you want to volunteer?

In just a few sentences could you summarize your Faith background?

Can you tell us about your involvement in your local faith community? If any. (What church do/did you attend? How long have you been attending? Activities, An Attender? Member?)

Does the church you attend offer the following:

Cell/Care group; Bible study; Discipleship; Ex-offender support

Please supply 3 references:

Reference 1

Name(s): _____ Relationship: _____

Address: _____
Post Code: _____

Telephone No: _____ (Home) _____ (mobile)

Email: _____

Reference 2

Name(s): _____ Relationship: _____

Address: _____
Post Code: _____

Telephone No: _____ (Home) _____ (mobile)

Email: _____

Reference 3

Name(s): _____ Relationship: _____

Address: _____
Post Code: _____

Telephone No: (Home) (mobile)

Email:

Criminal Records Check

Please note that you will be asked to complete a Criminal Records Bureau check in due course and will be asked to declare any spent or unspent convictions. Please let us know below of any previous convictions, even if they are "spent". Previous convictions will not prevent you from becoming a Coach but you will be subject to a risk assessment.

Date of Conviction	Details of offence

COACH Position Description

POSITION TITLE	Volunteer Life-Coach
POSITION GRADE AND TYPE	This is a volunteer position, and as such there is no formal remuneration
REPORTS TO	Mid-Way Coordinator
POSITION LOCATION	Community with member church or agency
POSITION SUMMARY	<p>Mid-Way offers a Life-coaching program aimed at supporting ex-offenders and youth at risk in South Africa. Through goal-focused life-coaching, we create space for people to explore their strengths, try new things and step towards a brighter future.</p> <p>The role of a life-coach is to be ‘a friend with a purpose” offering practical help and coaching towards life goals’. The purpose being to provide person centered support through one on one coaching. Coaches acknowledge that relationship is the vehicle for encouraging and empowering participants to achieve their nominated goals and/or make significant positive change.</p>
POSITION RESPONSIBILITIES	<ul style="list-style-type: none"> • Commit to a 2 day Life-Coaching Training session. • To attend Monthly support & training groups.(Bi Monthly) • Commit to meeting with Mid-Way Client for at least 1 hour per week. • Commit to the program for no less than 12 months • Complete weekly online feedback. • Contribute to and participate in programmatic discussions and decision making • Work as a team and where appropriate and possible, help other coaches when they require assistance.

<p>KEY SELECTION CRITERIA</p>	<p><u>Essential Competencies</u></p> <ul style="list-style-type: none"> • Over 18 years of age • Well-developed/effective communication skills. • Demonstrated interpersonal skills and ability to work with persons from diverse backgrounds in a respectful way. • Demonstrates resilience and dedication • Capacity to apply creativity and flexibility in the delivery of support to Mid-Way clients. • Capacity and commitment to adhere to boundaries of role • Capacity to engage with people in a non-judgemental and respectful manner regardless of faith, race, gender, ability. • Demonstrates capacity for self-reflection • Commitment to always promote children’s safety and wellbeing. • Willingness to seek support • Connection to a Church community. <p><u>Desired Competencies</u></p> <ul style="list-style-type: none"> • Ability to provide support under pressure, including problem solving • Ability and confidence to respond appropriately to participants with multiple and complex needs. • Demonstrates skills in conflict resolution • Committed to the Values and Vision of Mid-Way. <p><u>Qualifications</u></p> <ul style="list-style-type: none"> • A National Police Check is a mandatory requirement for this role • Mid-Way will take prior criminal allegations made against you, and/or convictions, into consideration when assessing suitability as relevant to an individual’s capacity to fulfil the inherent requirements of the role
<p>GENERAL CONDITIONS</p>	<p>All Mid-way staff and volunteers are required to:</p> <ul style="list-style-type: none"> • Act at all times in accordance with the Mid-Way Safety and Conduct Policy • Undertake a SAPS police clearance check prior to commencement • Agree to reference checking